

Co-organize

“希望” 心靈輔導 2天體驗工作坊

“HOPE AND CARE FOR THE SOUL IN THE HELPING PROFESSIONS” 2-Day Workshop

By

Ms. Liese Groot-Alberts & Dr Susan Marsden

DESCRIPTION OF WORKSHOP

HOPE: that which gives meaning and purpose. As Health Care Professionals we need to be aware of our own life's purpose, our own issues, doubts, experiences of despair and suffering, and that which gives a sense of hope in our own lives. We need to do this if we want to serve our clients/patients and facilitate Hope for them.

This workshop will focus on the concept of Hope in our own lives, facilitating it for others and demonstrate how this is in essence a parallel process. Thus the workshop is designed for those who work with people dealing with bereavement, grief and loss, or trauma i.e. those who are suffering. Participants will learn aspects of caring for themselves and the importance of becoming aware of their own issues and what gives them Hope so that they can better facilitate this in others.

INTENDED OUTCOMES

Day One

Understanding and exploring suffering

The difference between self-care and self-awareness

The needs and responsibilities of healthcare professionals when working with hope and despair.

What is true connection and listening?

Day Two

Exploring the professionals' perceptions of hope and facilitation

Working with despair

Communicating hope as opposed to “false” hope and wishful thinking

Psychological and spiritual frame work on hope



Co-organize

WHO WOULD BENEFIT MOST FROM THIS WORKSHOP:

Everyone who is in the caring professions, eg: psychologists, social workers, medical staff, spiritual supporters, nursing staff, emergency trauma supporters etc.

About the Speakers:

Ms. Liese Groot-Alberts is a grief-therapist in private practice, workshop and seminar presenter and clinical hospice team supervisor with over 30 years of experience working in the field of grief, loss and trauma. Over a period of many years she worked with and for Dr. Elisabeth Kubler-Ross as a workshop leader and staff member New Zealand, Australia, USA and Europe.



Dr. Sue Marsden is a Palliative Medicine Specialist from New Zealand. Her initial postgraduate medical training was in Radiation Oncology and her special interest as an oncologist was in breast cancer and paediatrics. Over the last 20 years, she has worked in Palliative Medicine New Zealand and Australia in hospital, hospital and community settings.

Dates of the Workshop

The First Day : June 27, 2009 (SAT)

The Second Day : June 28, 2009 (SUN)

Time : 9:30 am to 4:30pm

Venue : 7th Floor, Library Complex, Hong Kong Shue Yan University

Continuing Professional Development

This course is validated by the Asian Professional Counselling Association, and certificates of attendance will be provided for CPD purposes.

Cost of attending this workshop (including 4 tea breaks)

Full fees: \$800.00 2 days , \$450.00 1 day

Early bird(Enroll on or before June 5): \$680.00 2 days ; \$380.00 1 day

APCA registered member: \$550.00 2 days , \$300.00 1 day



Co-organize Enrollment Form

1. Application will be accepted on first-come-first-served basis.
2. Fees are non-refundable.
3. If Storm Warning Signal No.8 or above, or Black Rainstorm Warning Signal is hoisted, the lesson will be cancelled. Details of postponement or other arrangements will be announced afterwards.
4. Receipt of application fee will be issued on the first day of the course.

Remark

Please complete the workshop enrolment form, then send it with crossed cheque payable to 'Asian Professional Counselling Association (H. K.) Limited' to the Praying Hearts Counselling Centre, Room 7A, Koshun House, 331 Nathan Road, Kowloon. C/O Ms Angel Leung.



For office use only	Fee: HK\$	R#	Cash / Chq.
Course Name:	“Hope And Care For The Soul In The Helping Professions”		
Name:	Chinese :	English :	
Employer:	Type of Service:		
Address:			
Tel :	Mobile :	Office:	
Email Address:			
Your expectation towards this workshop			