

The use of Ego States in Psychotherapy and Relationship Counselling

About the workshop

Ego state, which provides information of the personality, is a distinct source in understanding human behavior. Recognizing the ego state that influences our behavior will help us to become more effective in human relationship. It is also a very useful communication tool both in relationship and relationship counselling.

Content

- What are Ego States?
- Assessing Ego States
 - ✧ Identifying “your Ego States”
 - ✧ Analyzing relationship dynamics with the help of Ego States
- Using Ego States in therapy and relationship counselling
 - ✧ Improving communication
 - ✧ Facilitating personal growth and awareness
 - ✧ Processing therapeutic effects

Format

Lectures, Role plays and Exercises and Activities are included.

About the Presenters

Ms. TSE Pui Chi (謝佩芝女士), the Founder and former president of APCA. She is the Internship coordinator, Senior Lecturer and Director of the BSSc. (Hons) in Counselling and Psychology, Hong Kong Shue Yan University. Ms. Tse has been a counselling practitioner for over 30 years. She has a counselling trainer, teaching all sorts of counselling and psychology courses for around 15 years and is currently a Doctor of Education candidate at the University of Nottingham, UK.

Ms. TSE Pui Chi's profile:

http://www.hksyu.edu/counpsy/index_staff_TSEpc.htm

Course Details

Date & Time: 31st March, 2012 (Saturday) 2:30 pm – 5:30 pm

Venue: Room 103, Shue Yan University Library Complex
12 Wai Tsui Crescent, Braemar Hill, North Point, Hong Kong

Map: <http://goo.gl/mkIq>

Targets: Helping professionals: counsellors, therapists, psychologists, psychiatrists, social workers; Students majoring in Counselling-related discipline

Language: Cantonese with English

Fee: APCA Members: \$200 Non-APCA Members: \$300

*** Discount for workshop will also be given to participants submitting application together with NEW MEMBERSHIP APPLICATION***

Quota: 40

Deadline: 7th March, 2012 (Wednesday) <Postmark Date as reference>

Registration

1. Complete the [ENROLLMENT FORM](#), and settle payment by [BANK TRANSFER](#) OR [CROSSED CHEQUE](#) to the following bank account:

<p>Payee: Asian Professional Counselling Association (H.K.) Ltd. Account No.: HSBC 808-021620-001</p>

2. Submit your application with [ENROLLMENT FORM](#) & [BANK SLIP/CROSSED CHEQUE](#) by post to:

<p>ASIAN PROFESSIONAL COUNSELLING ASSOCIATION Department of Counselling and Psychology, Shue Yan University 10 Wai Tsui Crescent, Braemar Hill, NORTH POINT, HONG KONG</p>

Enquiries

Email: admin@apca-counselling.com

Website: <http://www.apca-counselling.com>

Tel.: (852) 2570 7110 Ext. 326 <Voicemail>

Remarks

1. Only application with COMPLETED ENROLLMENT FORM & BANK SLIP / CROSSED CHEQUE will be accepted.
2. Application will be accepted on FIRST-COME-FIRST-SERVED BASIS, confirmation will be sent by email.
3. Fees are non-refundable.
4. Receipt of application fee and Certificate of Attendance issued by “**Asian Professional Counselling Association (Hong Kong)**” will be given to the participants at the end of the course.
5. If Tropical Cyclone Warning Signal No. 8 or above, or Black Rainstorm Warning Signal is issued, the workshop will be cancelled. Details of postponement or other arrangements will be announced afterwards.

Enrollment Form

**Please fill in all information.*

OFFICE USE ONLY	<input type="checkbox"/> HK\$ <input type="checkbox"/> Ref. No.:	<input type="checkbox"/> Date: <input type="checkbox"/> Receipt No.: <input type="checkbox"/> Cert No.:
Course Name:	<i>The use of Ego States in Psychotherapy and Relationship Counselling</i>	
Salutation:	Dr. / Prof. / Mr. / Mrs. / Ms. / Others: _____	
Name: <i>(To be shown on Cert.)</i>	English:	Chinese:
APCA Membership:	Membership No.: _____	<input type="checkbox"/> Non-member
Employer:		
Type of Service:	UID (for C&P students): _____	
Correspondence Address:		
Telephone:	Mobile: _____	Office: _____
Email:		
Your expectation towards this workshop/course:		
Payment:	<input type="checkbox"/> I hereby declare to pay HK\$ _____ for application to captioned workshop <input type="checkbox"/> BANK DEPOSIT Date: _____ Ref. No.: _____ <input type="checkbox"/> CHEQUE Bank: _____ Cheque No.: _____	

Payee: Asian Professional Counselling Association (H.K.) Ltd.
 Account No.: HSBC 808-021620-001

Thank you for your participation!