

An Intensive Training on using Projective Tests

About the workshop

Part I of the workshop will introduce the comprehensive process of using the Rorschach starting from the administration of the test, through coding and finally integrative interpretation. The workshop will address the state of the art in the Rorschach including new developments and indices. In **Part II**, we will respond to challenges of complexity of human personality by using a systematic approach to clinical interpretation. In addition, this approach will assist us in deriving "therapeutic cues" which will enable us to get "in our clients' shoes" and formulate appropriate therapeutic interventions.

Rorschach Test

The Rorschach (1921/1942) inkblot test is a self-expressive assessment tool that is based on performance. The Rorschach is a most frequently used clinical instrument for assessing a person's cognitive style and functioning, emotional world, management of stress, and a person's representations, subconscious motives, and underlying defense mechanisms. The Rorschach inkblot test guides the psychologist in various fields: occupational, clinical as well as familial-marital, forensic and in medical context. The nature of the test allows overcoming inhibition of self-disclosure - since the examinee is not aware of what is expected of him or her and what he or she discloses. The test allows the individual not to be limited due to cultural factors and at the same time to express his or her cultural world. The Rorschach has been found to yield good reliability and validity.

About the Presenters

Ety BERANT, PhD., an Israeli Clinical Psychologist and Vice Head of faculty of the Department of Psychology at Bar-Ilan University. She is President and Founding member of Israel Rorschach Society, Executive Board Member of the International Society of the Rorschach and Projective Methods, she is also an Editorial Board Member of South African Rorschach Journal.

Dr. Ety BERANT's Profile: <http://www.biu.ac.il/faculty/berante/>

Course Details

Date & Time: 2nd December, 2011 to 6th December, 2011

Part I Day 1, Day 2 & Day 3 (Morning Session)

Part II Day 3 (Afternoon Session), Day 4 & Day 5

Venue: **Room 103, Shue Yan University Library Complex**
12 Wai Tsui Crescent, Braemar Hill, North Point, Hong Kong
Map: <http://goo.gl/mk1q>

Eligibility: Participants should possess a Master's Degree in mental-health related professions; or Master student of such disciplines

Targets: Practitioners of mental-health related professions, Master students of mental-health related disciplines

Language: English

Quota: 40

Deadline: 3/11/2011 (Thursday) *Early Bird*
10/11/2011 (Thursday) *Regular* <Postmark Date as reference>

Registration

1. Complete the ENROLLMENT FORM, and settle payment by BANK TRANSFER OR CROSSED CHEQUE to the following bank account:

<p>Payee: Asian Professional Counselling Association (H.K.) Ltd. Account No.: HSBC 808-021620-001</p>

2. Submit your application with ENROLLMENT FORM & BANK SLIP/CROSSED CHEQUE by post to:

<p>ASIAN PROFESSIONAL COUNSELLING ASSOCIATION Department of Counselling and Psychology, Shue Yan University 10 Wai Tsui Crescent, Braemar Hill, NORTH POINT, HONG KONG c/o Ms. Ceci Lee</p>
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Enquiries

Tel.: (852) 2570 7110 Ext. 326 <Voicemail>
Email: admin@apca-counselling.com
Website: <http://www.apca-counselling.com>

Workshop schedule

Part I: Training on administration of Rorschach Test

First day:

- 9.00-10.20: **Introduction.** The nature of the Rorschach; The history of the Rorschach Inkblot Method; The utility of the Rorschach, validity and reliability.
Administration of the Rorschach
- 10.30-12.00: **Administration of the Rorschach** (cont'). Role playing (administrator and "client"); Difficulties in administration and enhancing client's engagement.
- 13.00-14.20: **Scoring the Rorschach. The scores - significance and clinical implications** (Location, Developmental Quality, Determinants, Form quality).
- 14.30-16.00: **Scoring the Rorschach. The scores- significance and clinical implications** (Contents, Popular responses, Z scores (synthesis responses), Cognitive Special scores (difficulties in perception and thinking)).

Second day:

- 9.00-10.20: **Scoring the Rorschach. The scores – significance and clinical Implications** (Content Special scores, Aggression contents, Perseverations).
- 10.30-12.00: **Structural Summary** (the "map of the personality"); Indices (pervasive personality features).
- 13.00-14.20: **Interpretation**
The core section. Engagement with the task, attending to experience. Personality resources: Experience Balance style (Being introversive vs. extratensive, avoidant or ambitent); Stressors, situational stress, stress tolerance.
- 14.30-16.00: **Affect.** Affect regulation, distress and depression, positive vs. negative effects.

Third day:

- 9.00-10.20: **Cognitive functioning.** Information processing; Reality testing; Ideation-flexible thinking; Thinking disorders.
- 10.30-12.00: **Self-Perception and Interpersonal relations.** Self-esteem; Narcissistic Features, Negative self-regard; Mature self-identity. Viewing personal relationships as: positive vs. negative, secure, and intimate. Being self-sufficient vs. over-dependent.
- 13.00-14.20: **Personality features.** Defense mechanisms; Ego-Impairment Index; Ego boundaries, Rorschach Oral Dependency, Mutuality of Autonomy (the degree of self-object differentiation and empathic relatedness).
- 14.30-16.00: **Integration-** "One can see the wood for the trees" - Integrating the data into coherent picture. A case study.

Part II: A Comprehensive and Coherent Personality Assessment Workshop

First day:

- 9.00-10.20 **Introduction.** The importance and utility of comprehensive and integrative personality picture. The contribution of psychological tools (Wechsler, Rorschach, TAT, Drawing, Bender and self-report measures) and clinical appraisal to the personality picture.
- 10.30-12.00 Formulating a Picture of the Self and Interpersonal Relations
- 13.00-14.20 Formulating a Picture of the Emotional World and Defense Mechanisms
- 14.30-16.00 Formulating a Picture of the Personality Structure, Pervasive Features (Borderline, Narcissistic), and Appropriate Therapeutic Intervention (*We will examine test protocols of Borderline Personality Disorder and Narcissistic Personality: the "arrogant" narcissist and the "shy" narcissist*).

Second day

- 9.00-10.20 Formulating a Picture of the Cognitive Functioning and Impaired Ego
- 10.30-12.00 Attending to Problems in Perception and Thinking Disorders; The Meeting Point of Emotional Liability and Cognitive Problems, the Emotional World and Self-Perception of Individuals with Learning Disabilities and Attention Problems.
- 13.00-14.20 Formulating a Picture of Personality Structure of Individuals with Cognitive Difficulties. (*We will examine test protocols of individuals with cognitive problems.*)
- 14.30-16.30 Integrative Case Study

Price List

Please tick the appropriate boxes to indicate your options and submit together with the ENROLLMENT FORM

Workshop Fee

	Full-Time Master students of Mental Health related Discipline	Early Bird	Regular	Participants of Rorschach Comprehensive System Training Lv. 1 in 2010
Part I	<input type="checkbox"/> \$900	<input type="checkbox"/> \$1,440	<input type="checkbox"/> \$1,750	<input type="checkbox"/> \$900
Part II	<input type="checkbox"/> \$900	<input type="checkbox"/> \$1,440	<input type="checkbox"/> \$1,750	<input type="checkbox"/> \$1,440 (Early Bird) <input type="checkbox"/> \$1,750 (Regular)
Part I & II	<input type="checkbox"/> \$1,800	<input type="checkbox"/> \$2,880	<input type="checkbox"/> \$3,500	<input type="checkbox"/> \$2,340 (Early Bird) <input type="checkbox"/> \$2,650 (Regular)

Test kit

Item	Description	Price
Full Kit	<ol style="list-style-type: none"> 1 Set of Rorschach Psychodiagnostic Plates A Primer for Rorschach Interpretation, John Exner A Rorschach Workbook for the Comprehensive System, 5th Ed. John Exner 100 Miniature Inkblots in Color: Location and Summary Forms 25 Rorschach Record Booklet and Summary Forms 	<input type="checkbox"/> \$ 2,640
Test Plate & Manual	<ol style="list-style-type: none"> 1 Set of Rorschach Psychodiagnostic Plates A Primer for Rorschach Interpretation, John Exner, A Rorschach Workbook for the Comprehensive System, 5th Ed. John Exner 	<input type="checkbox"/> \$ 1,190
Manual ONLY		<input type="checkbox"/> \$ 1,080
Test Plate ONLY		<input type="checkbox"/> \$ 950
Total:		

*Shipping fees are included

**Course fees and materials are listed in Hong Kong Dollar

****Please attached this with your ENROLLMENT FORM****

Remarks

1. Only application with COMPLETED ENROLLMENT FORM & BANK SLIP / CROSSED CHEQUE will be accepted.
2. Application will be accepted on FIRST-COME-FIRST-SERVED BASIS, confirmation will be sent by email.
3. Fees are non-refundable.
4. Receipt of application fee and Certificate of Attendance issued by “**Asian Professional Counselling Association (Hong Kong)**” will be given to the participants at the end of the course.
5. If Tropical Cyclone Warning Signal No. 8 or above, or Black Rainstorm Warning Signal is issued, the workshop will be cancelled. Details of postponement or other arrangements will be announced afterwards.

Enrollment Form

**Please fill in all information.*

OFFICE USE ONLY	<input type="checkbox"/> HK\$	<input type="checkbox"/> Date:
	<input type="checkbox"/> Ref. No.:	<input type="checkbox"/> Receipt No.:
		<input type="checkbox"/> Cert No.:
Course Name:	<i>An Intensive Training on using Projective Tests</i>	
Salutation:	Dr. / Prof. / Mr. / Mrs. / Ms. / Others: _____	
Name: (To be shown on Cert.)	English:	Chinese:
APCA Membership:	Membership No.: _____	<input type="checkbox"/> Non-member
Employer:		
Type of Service:	UID (for C&P students): _____	
Correspondence Address:		
Telephone:	Mobile: _____	Office: _____
Email:		
Your expectation towards this workshop/course:		
Payment:	<input type="checkbox"/> BANK DEPOSIT Date: _____ Ref. No.: _____ <input type="checkbox"/> CHEQUE Bank: _____ Cheque No.: _____ <input type="checkbox"/> I hereby declare to pay HK\$ _____ for application to captioned workshop	

Payee: Asian Professional Counselling Association (H.K.) Ltd.

Account No.: HSBC 808-021620-001

Thank you for your participation!

<Updated: 2011.10.24>