



Counselling and Research Centre

Post-Graduate Certificate in Clinical Supervision (Counselling)

(APCA-approved training course for the Registered Clinical Counselling Supervisor)

The course aims to prepare qualified counsellors to provide clinical supervision, and grants a qualification that enables qualified counsellors to supervise students undertaking counselling training. Participants will have the opportunity to learn how clinical supervision of counselling is conceptualized from a theoretical point of view, delivered as a practical service, evaluated for efficacy, and developed as a profession.

The course includes both theoretical and practical components. Specifically, the course aims to help participants

- to understand the process of supervision and the nature of the supervisory relationship;
- become familiarized with a number of theories and research findings with regard to counselling supervision;
- to identify and practise basic supervisory skills;
- to become aware of some controversies on counselling supervision;
- to reflect on their own experiences of supervision, both as a supervisor and supervisee;
- to develop personal learning and supervisory styles.

This is a part-time course, providing 140 hours of training, including 42 hours of instructor-student contact time. The course is suitable for qualified and experienced counsellors who are beginning to supervise.

Duration

- Duration of the entire training: around 9 months
- Lectures: first 3 months
- Supervisory practice and course work: following 6 months



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Course Structure

- This course is composed of three parts:

Parts	Hours	Content
Part A	30 hours	lectures
Part B	12 hours Supervision	6 hours individual live supervision 6 hours group supervision
Part C	20 hours	fieldwork

Part A: 30 hours of Lectures

Candidates who are accepted to the programme will first attend a series of 12 lectures aimed at building up participants' foundation knowledge about clinical supervision of counselling.

The 12 lectures will cover:

1. Important concepts and frameworks for counselling supervision;
2. Values and assumptions; Ethics and boundaries;
3. Monitoring, assessing and evaluating in counselling supervision;
4. Theories and models of counselling supervision I
5. Theories and models of counselling supervision II
6. The supervisory relationship I-Relationship and counsellor professional development;
7. The supervisory relationship II- Transference and counter-transference in supervision;
8. Supervisory strategies-Individual supervision skills & Group supervision skills
9. Case conceptualization as a facilitative tool in quality supervision



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10. Facilitating reflectivity in supervision
11. Facilitating self-efficacy in supervision
12. A contextual approach to supervision

Part B: 12 hours of Supervision

Students will receive a total number of 12 hours' supervision from the course lecturers made up of:

- 6 hours of individual supervision
- 6 hours of group supervision given in four sessions

PART C: 20 hours of Fieldwork

After completing the 12 lectures, students will be required to do fieldwork in the form of supervising at least 2 and no more than 3 supervisees on a regular basis. Students are required to deliver a total of no less than 20 hours of counselling supervision. This can be done in the students' workplace or any other sites approved by the course lecturers. Note that it is the students' responsibility to look for and secure their supervisory placement, but they are invited to seek advice from the course lecturers.

Students are expected to devote a minimum of 10 hours of private study per month to fulfil the requirements of this course.

Assessment

Individual and Group Supervision	10 %
Fieldwork	20 %
Supervision journals, one set for each supervisee	20 %
One reflection paper (3000 words)	20 %
Two essays of 2,500 words each on given topics of clinical supervision	30 %



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Course Fee : \$25,000 (including supervision)